

**GREENVILLE HEALTH SYSTEM & STEADMAN HAWKINS SPORTS MEDICINE  
PRESENTS**

# THE SOUTHERN SLAM



**Dec 6<sup>th</sup>-7<sup>th</sup>**  
Optional Duals Nov. 5<sup>th</sup>  
**Eastside High School**  
**Greenville, SC**



**GREENVILLE  
HEALTH SYSTEM**  
Steadman Hawkins  
Sports Medicine

**Cost:**

- \$400 – Duals and Individual Tournament (Optional Thurs duals)**
- \$350 – Individual Tournament only**
- \$150 – Partial Team (5 wrestlers or less)**

**Make checks payable to: Eastside High School Wrestling**

**MAIL CHECKS TO:**

**Attn: Jack Kosmicki- Wrestling Coach**  
**Eastside High School**  
**1300 Brushy Creek Rd**  
**Taylors, SC 29687**

**Recent State Championship and Runner-up Teams:**

|                             |                            |
|-----------------------------|----------------------------|
| <b>Woodward Academy, GA</b> | <b>Dorman, SC</b>          |
| <b>Archer, GA</b>           | <b>Davie County, NC</b>    |
| <b>Buford, GA</b>           | <b>Abbeville, SC</b>       |
| <b>Alexander, GA</b>        | <b>Emerald, SC</b>         |
| <b>Science Hill, TN</b>     | <b>Ft. Dorchester, SC</b>  |
| <b>Collins Hill, GA</b>     | <b>Oak Mountain, AL</b>    |
| <b>West Forsyth, NC</b>     | <b>BHP, SC</b>             |
| <b>Eastside, SC</b>         | <b>Rock Hill, SC</b>       |
| <b>River Bluff, SC</b>      | <b>Bradley Central, TN</b> |

**Format:**

**Double Elimination (50 teams)**  
**Placing 1<sup>st</sup>-8<sup>th</sup>**  
**10 Mats – run on Trackwrestling.com**

## **Awards:**

**Medals 1<sup>st</sup> -3<sup>rd</sup>, Plaques 4<sup>th</sup>-8<sup>th</sup>**

**Team Trophies 1<sup>st</sup> – 3<sup>rd</sup>**

**MOW (106-132, 138-170, 182-hwt, and OVERALL), Most Pins**

**Individual Champions receive: Medal, Wall Bracket, Southern Slam**

**Champion T-shirt, Southern Slam Champion Fight Shorts**

**Team Champions receive: Team Trophy, for each member of the team:**

**Southern Slam Champion T-shirt, Southern Slam Champion**

**Fight Shorts**

**States confirmed for next year: NC, SC, GA, DE, AL, TN, VA.**

## **Schedule:**

**Thursday** – Duals (optional to Fri/Sat participating teams only)

Weigh-ins: 4:00

Duals: 5:00 – 10:00

### **Friday**

Weigh-ins: 4:00

Round 1 (10 mats) - 5:00-7:00

Round 2 (10 mats) - 7:00- 8:30

Round 1 Consolations (10 mats) - 8:30-9:30

Round 2 Consolations (10 mats) - 9:30-10:30

**\*\*\*\*\*Coaches Social immediately following wrestling at the host hotel.\*\*\*\*\***

### **Saturday**

Weigh-ins- 7:30 AM

Quarterfinals (10 mats) - 8:30-9:30

Round 3 Consolations (10 mats) – 9:30- 10:30

Semi-Finals (5 mats) / Round 4 Consolations (5 mats) – 10:30-12:00

Round 5 Consolations (10 mats) – 12:00-1:00

Consolation Semifinals (10 mats) – 1:00-2:00

Consolation Finals (6 mats) – 2:00-4:00

Championship Finals (1 mat under the spotlight) 4:30-6:30

## **Host Hotel:**

**Quality Inn and Suites Haywood Mall**

50 Orchard Park Dr, Greenville, SC 29615

(864)- 254- 6383

**\$75 per room (double queen) – limited time rate**

Mention the “The Southern Slam” or ask for Claudia Foley

Free continental breakfast

This property was recently bought and renovated. Great hotel. Right off the interstate, and close to Eastside.

Thanks

# KOZ

Jack Kosmicki

Head Wrestling Coach

Eastside High School

[jkosmick@greenville.k12.sc.us](mailto:jkosmick@greenville.k12.sc.us)