

## VCA 2018-19 WRESTLING SCHEDULE

Nov. 12th	First Official Day of Practice	
Dec. 1st	PreSeason Tournament @ Palmetto HS.	9am
<b>Dec. 14th &amp; 15th</b>	<b>Fit2Win @ Countryside HS</b>	<b>11am</b>
Dec. 21st & 22nd.	Polk County Duals @ Tenoroc HS.	2:30pm
Jan. 4th & 5th.	Prep Slam XI @ Holy Innocents Atlanta, Ga.	10am
<b>Jan. 18th &amp; 19th.</b>	<b>Private School Challenge @ CCC.</b>	<b>1pm</b>
Jan. 25th & 26th.	Winter Haven Dual	TBA
Feb. 1st & 2nd	George Jenkins Invitational.	TBA
Feb. 22nd or 23th	+Tenoroc HS. District 9 1A Championships	9am
<b>Mar. 1st &amp; 2nd</b>	<b>Region 3 Championships @ Lemon Bay</b>	<b>TBA</b>
<b>Mar. 8th &amp; 9th</b>	<b>*FHSAA Finals @ Silver Spurs Arena</b>	<b>8am</b>

*\*Thursday evening is open mat time and coaches pickup credentials*

*+District teams: Avon Park HS, FrostProof HS, Lake Placid HS, Lake Wales HS, McKeel Academy, Mulberry HS, Tenoroc HS & VCA*