

Jones High School
Wrestling 2018-2019

Athletic Director: Drew Nemec

Head Coach: Brian Knapp

Assistant Coach: John DiBuono

Principal: Allison Kirby

Home Matches: Weigh In at 5:00 PM Wrestle at 6:00 PM

November

Monday 12th: First Day of Practice

December

Saturday 1st: Preseason Harmony

Saturday 1st: Preseason tournament USA southeast Reg training center (Girls) (Weigh 9)

December 5th: Oak ridge away (weigh 5)

December 7th: Orange City University Tournament (Girls/Jv) (Weigh 9)

December 8th: Orange City University Tournament (Weigh 9)

Saturday 15th: Deltona Duels (weigh 9)

Wednesday 19th: Dr. Phillips home

January

Wednesday 9th: tri dual Harmony (JV)

Saturday 12th: District Dual Date

Saturday 12th: Dr. Phillips tournament (Girls) (weigh 9)

Wednesday 16th: New Smyrna Away (weigh 5)

Thursday 17th: Regional Duel Tournament

Saturday 19th: Barracuda Duals (weigh 10)

Saturday 19th: Cypress Creek Tournament (Girls) (weigh 8)

Wednesday 23rd: St. Lucie West Centennial High (weigh 12:30)

Wednesday 23rd: Jv metro (Wekiva) (weigh 5)

March

Friday 1st: Regional Tournament

Saturday 2nd: Regional Tournament



Friday 25th: Metro East River (Girls)

Tuesday 29th: The First Academy Away (weigh 5)

Wednesday 30th: Dr. Phillips Away (weigh 5)

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February

Wednesday 6th: Pine Ridge Home

Saturday 9th: Spiegel Memorial IBT (Sebring) (weigh 8)

Friday/ Saturday 15th-16th: Metro East River

Friday/ Saturday 15th-16th: States Dr Phillips (Girls)

Saturday 23rd: District Tournament