

SaturdaySlam

Hosted by the Deltona Wrestling Club

When: May 20, 2017 at 9:00 am

Cost: \$10.00

All participants must have an AAU card

Registration: 8:30 to 9:00

Place: Deltona High School Gymnasium

100 Wolfpack Run
Deltona, Florida 32725

(Please park in student parking lot next to the Racetrac gas station this is the closest lot to the gym and the only one that will be open).

Contact: Keith Wallace (386) 956-4796 or Keithhwallace@gmail.com

Wrestlers of all levels are welcome and will be divided up by experience

We will begin at 9:00 am with a warm-up into a hard drill we will then move into situational wrestling from there to live matches. We will finish 12:00pm. We will have bottled water and sports drinks for sale.