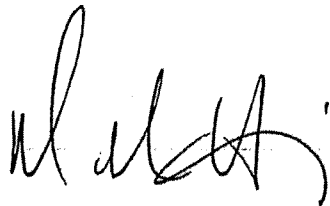


CATASTOPHIC INCIDENT SUMMARY

UCFAA, INC.

MARCH 18, 2008

On March 18, 2008 at approximately 10:45am, Tim Salem came into the WDSC #77 Athletic Training room to ask me to bring a Gator down to the Fieldhouse as Robert Jackson, Assistant Athletic Trainer, needed assistance bringing an athlete to the Athletic Training room. I immediately drove down to the Nicholson Fieldhouse. At this time I saw Robert Jackson assessing vital signs and administering water to Ereck Plancher. Upon my arrival Robert stepped back and allowed me to assess the athlete. His respirations were slow and his carotid and radial pulses were weak. He had no verbal response. I immediately called EMS. As I began the 911 call Ereck's radial pulse was no longer palpable. At this time I instructed Robert to get the AED (located just inside the Nicholson Fieldhouse) and to finish the 911 call. At this point Ereck had stopped breathing and I could no longer feel a carotid pulse. I immediately started CPR. Robert then placed the AED pads on to Ereck's chest at which time the AED analyzed and stated "no shock advised, continue with CPR". At this time the UCF police arrived and began assisting with the CPR. I, Mary Vander Heiden, continued chest compressions while a male officer took over rescue breathing. The AED advised to analyze so we stopped CPR and again the AED analyzed and stated "no shock advised, continue with CPR". We cycled CPR once more and again the AED analyzed, and again stated "no shock advised, continue with CPR". It was at this point EMS arrived and took over the scene. EMS continued CPR while switching out all equipment. Our AED was removed and theirs was placed on Ereck's chest. After their AED analyzed it also stated that "shock was not advised". At this point they transported Ereck to Florida Hospital East Orlando. Robert Jackson road in the ambulance and I met them at the hospital after driving myself.



MA, ATC/L

MARY E VANDER HEIDEN

On Tuesday March 18, 2008 at approximately 10:30-10:40am the athlete, Ereck Plancher, sustained an episode that required emergency medical services to be contacted. This documentation is being written Tuesday March 18, 2008 at 4:00pm to best describe the events and situations that transpired this day from my vantage point and my eyes only. No one has helped me write this document or contributed in anyway to the facts that I have written released here upon. This is my testimony.

The athlete in question took place in agilities, mat drills, and conditioning workouts this morning and at the very end of the session is when the event occurred. He finished each activity asked of him and never once complained or said anything to indicate that he was feeling weak, sick, hurt, light-headed, etc. After finishing a conditioning drill composed of mats, cones, and sprints he ventured over to the sideline and lined up for "gassers" or sprints from one sideline to the other and back. I didn't notice anything out of the ordinary with Plancher or any other athlete at this time. On the second gasser, I noticed that the athlete fell about 20 yards into his sprint on the first leg, but picked himself back up and got to his feet and completed his running assignment, although he appeared to be exhausted. I went over to his side as he was bending over and talked with him, although he didn't say much of anything, he nodded his head and complied with all instructions. I told him to stand upright and to concentrate on breathing with short breaths in his nose and out of his mouth. Next, Coach O'Leary called everyone into a group and each player took a knee with their respective heads up toward Coach. Plancher complied with his request, however I did see him continually switching the knee for which he was kneeling on, meaning he would switch from his right to left to right and so on, but always had his head up looking at Coach. He never dropped down or fell down. He was very responsive to everything Coach was saying. At some point into Coach's talk a fellow player, Nate Tice, dropped his head down and Coach immediately said everyone back to the line. Plancher did this and went back to the starting sideline. I never left Plancher's view as he went directly to his place on the line. As soon as the players got to the line, they were called back to the huddle once again to Coach. Coach said a few words and then dismissed the players. It was at this time of dismissal that I saw Plancher kind of fall down, but his teammates collected him and brought him back to a standing position with one player on each side. At this moment I went directly to him and began to monitor his vitals. He was responsive and breathing heavily, but was not gasping. I told him to control his breathing. He once again complied and began to do so. I asked him if he was cramping at all and he did not speak so I told him to nod his head yes or no. Plancher nodded his head "no" he was not cramping, or he nodded his head side to side. I told him that we were going to walk him outside and get him some water and cool down. Two teammates and I were at this point holding him up and to get Plancher to the water I told him we were going to help him walk outside. He did not move or walk his feet, so four athletes picked him up from me and started to carry him out. I told them to put him down so I could be there to monitor his progress. The players carrying him did put him down, but after they did so picked him right back up again and began to move him out of the Fieldhouse. Coach O'Leary called me over and asked what was wrong and I told him exhaustion and dehydration. I followed the group outside to the benches in front of the entrance to the Fieldhouse and we placed him there to sit and get fluids in him. We got him to sit down on the bench upright, but he wanted to keep lying down, so Blake Clingan sat back to back with him to keep him upright until Coach came by to assist. With Coach O'Leary holding him upright, I got a

water bottle from a few surrounding athletes. I instructed him to open his mouth and I would squeeze the water into his mouth. He opened his mouth and drank four squirts of water. I reassessed breathing and pulse. Still I could see his stomach and chest moving so I knew he was breathing, but I dipped myself under his head to feel a breath and yes I felt him exhaling against my left cheek. I had both physical and visual confirmation of his ability to breath. I checked his pulse at the carotid artery (neck) and the radial artery in the right wrist. I counted 30 seconds on my Timex wrist watch approximately 27-30 beats and timed that by 2 to get 54-60 bpm. He had a pulse and was breathing. I told him to squeeze my hand and I could feel him responding to my instructions. Coach asked him to squeeze his fingers and Coach said he felt him squeeze. Now Coach asked for someone to get Mary, so Coach Tim Salem went to get Mary Vander Helden. I continued to monitor vitals and breathing while encouraging him to drink until Mary arrived on a Gator. Once Mary arrived I handed him over to her so she could take control of the situation. She began asking Ereck questions but to no verbal response. As she laid him down, she ordered me to get the AED and finish the 911 call. At this point I saw her administering CPR and quickly got the electrode pads placed on Ereck's upper right chest and then followed by the lower pad to the outside, lower left chest cavity and listened for the command of the AED. It said to clear the patient, to which Mary did, and standby checking rhythm. The AED read a rhythm 3 separate times stating that "no shock advised." It then said each time to "Continue CPR" to which Mary did. Campus police then arrived and began to assist with CPR. Now, I answered all police questions until EMS arrived. On arrival, EMS took over CPR and hooked up their equipment. After EMS packaged the athlete for transport, I got in the front passenger door to the ambulance to ride with the athlete to Florida East Hospital. Upon arrival, I moved out of the ambulance to the ER waiting area until further notice. Mary arrived a little later and we both sat in the waiting area until notified. Once notified we left together to come back to Wayne Densch sports Center.

I verify that what I have stated is the truth to what I know and to what I did this day Tuesday  
March 18, 2008.

 MS, ATC, LAT  
Robert P. Jackson, MS, ATC, LAT

UCF Assistant Athletic Trainer